



**VISION RIDGE**  
WELLNESS

# Massage Therapy

## Menu 2025

Orthopedic, deep tissue, and relaxation techniques are blended with therapeutic products and tools to create peace and healing in your body.

	<b>Card/Check</b>	<b>Sliding Scale Discount (cash only).</b>
60 minutes	\$110	\$95-\$110
75 minutes	\$125	\$105-\$125
90 minutes	\$150	\$130-\$150
120 minutes	\$200	\$180-\$200

Medically Based Myofascial Massage including a detailed treatment plan is billed at \$50/unit.

Massage with Lorraine time of service rate is \$150/hour

**Book Online:**

[www.visionridgewellness.com](http://www.visionridgewellness.com)

Call: 503-567-9902

